Vegetarian Lunch Menu – Week 1



MONDAY

Homemade potato, spinach and chickpea curry served with brown rice and warmed naan bread.

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Natural yoghurt.

TUESDAY

Homemade mushroom wellington served with roast potatoes and mixed vegetables.

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Homemade cherry cake.

WEDNESDAY

Moroccan falafels served in a tomato, basil, onion and garlic based sauce and accompanied with spaghetti.

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Melon medley.

THURSDAY

Homemade mixed bean fajitas with chopped onions and peppers. Served with a mixed olive, cucumber and lettuce salad and accompanied with guacamole dip.

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Apple slices served with raisins.

FRIDAY

Spicy bean burgers served with roasted new potatoes, peas and a homemade tartare sauce.

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Sliced plums served with dried apricots.